

# Curriculum Vitae

## Dr. Bakhshani NM

Professor of Clinical Psychology  
Zahedan University of Medical Sciences  
Faculty of Medicine  
Department of Psychiatry and Clinical Psychology  
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## Professional profile

Clinical psychologist with experience in assessment and treatment of people suffering from psychological problems( such as anxiety disorders, Obsessive-Compulsive Disorder , Post Traumatic Stress Disorder, Marital and Sexual Dysfunctions, Substance Abuse and addiction.....)

Adept at using psychotherapeutic techniques including Behavior therapy(BT), Cognitive-Behavior Therapy(CBT), Trauma-Focused Cognitive Behavior Therapy(TF-CBT ), Mindfulness Based Cognitive Behavior Therapy(MBCT), Schema Therapy(ST), Dialectical Behavior Therapy(DBT), Mode Deactivation Therapy( MDT), Skills Training and Crisis Intervention.

## Education

- PhD in clinical psychology: Iran University of Medical Sciences - Teheran Institute of

- Psychiatry. Tehran, Iran, 2002
- MSc in clinical psychology: Iran University of Medical Sciences - Teheran Institute of Psychiatry. Tehran, Iran, 1992
- BSc in psychology: Ferdosi University , Mash-had, Iran, 1989

## **Executive and therapeutic activities**

- Clinical psychologist in Bahrn Psychiatric center and Ali Asghar Hospital – Zahedan-Iran. Since 1992
- Director of the educational-research and treatment center of Psychiatry in Zahedan from 1992 - 1997
- Research consultant of Zahedan University of Medical Sciences from 2002 to 2006
- Vice-chancellor for research and technology of Zahedan University of Medical Sciences from 2002 to 2005
- Head of the Psychiatry and Clinical Psychology from 2005 to 2010
- Dean of the Faculty of Rehabilitation Sciences - Zahedan University of Medical Sciences from 2011 to 2017
- Head of Clinical Psychology Department since 2022
- Vice- chancellor of Research and Technology of Zahedan University of Medical Sciences since 2017

## **Teaching**

- Teaching courses in health psychology, general psychology, psychopathology, research methods, neuropsychology, diagnostic assessment , psychotherapy
- Teaching in more than 50 workshops on addiction treatment, application of cognitive-behavioral therapy for psychological disorders, acceptance and commitment therapy, testing and psychological assessment, suicide intervention, research methods and life skills.

## **Membership of the editorial boards**

- Editor-In- Chief of International Journal of High Risk Behaviors and Addiction
- Iranian Journal of Psychiatry and Clinical Psychology
- Journal of clinical psychology and counseling research
- Military Psychology
- Journal of educational psychology
- Zahedan Medical Sciences Research Journal

## **Membership in committees and councils**

- University Research Council
- Medical Faculty Research Council
- Member and Secretary of Research Ethics Committee
- Member of the Clinical Psychology Board of the Ministry of Health
- member of crisis management committee – Zahedan University of Medical Sciences

## Publications

### • Articles

-F Sabzehali, H Aghaee Khajelangi, A Mojahed, **NM Bakhshani**. Effectiveness of Group Therapy of Psychodrama on Reduce the Symptoms of Separation Anxiety Disorder in Children Aged 5 to 9 Years in Zahedan. Journal of Research in Behavioural Sciences. 2023, 20 (4), 611-613

-MY Tabas, F Momeni, **NM Bakhshani**, A Pourshahbaz, O Rezaei. Psychological Intervention for Bipolar Disorder in Iran: A Systematic Review. Entomology and Applied Science Letters. 2023, 10 (1), 53-64.

-F Kahaki, **NM Bakhshani**, M Fardin. Effectiveness of Motivational Interview on Health Promoting Lifestyle and Health Hardiness in Patients with Type 2 Diabetes. Islamic Life Journal. 2022, 6 (3), 218-226.

-F Zare, **NM Bakhshani**, M Fardin. Rorschach Suicide Indicators and Constellation: A Narrative Review. International Journal of High Risk Behaviors and Addiction. 2022, 11 (3).

-A Emami, SM Hashemi, **NM Bakhshani**, JS Yaztappeh, M Hormozi. Effect of Group Reality Therapy on Depression and Anxiety in Breast Cancer Patients Undergoing Chemotherapy in Ali-Ibn-Abitalib Hospital. ASEAN Journal of Psychiatry, 2022, 23 (5).

-**NM Bakhshani**, R Tafreshi, S Lotfinia. Effectiveness of Social Skills Training on Social Anxiety Disorder in Students with Learning Disabilities. Iranian Journal of Psychiatry and Behavioral Sciences. 2022, 16 (1)

-Z Pourmovahed, SSM Mahmoodabad, SMY Ardekani, HZ Mahmoodabadi, ...**NM Bakhshani**. Family Structure in Association with Alcohol Use Among Adolescents: A Systematic Review and Meta-analysis. International Journal of High Risk Behaviors and Addiction. 2022, 11 (1)

-A Naghizadeh, M Zarghami, E Babaie, H Rezaei Roshan, H Khazaie, .. **NM bakhshani** .. Prevalence of Suicidal Ideation and its Relationship with Depression and General Health Status of Patients Referred to Addiction Treatment Centers in Iran (2017). Journal of Gorgan University of Medical Sciences 24 (2), 69-74

-**NM Bakhshani**, Z Karimi, A Mojahed, MJL Arani, EA Amirabad. Psychological Factors Associated With Sexual Dysfunction in Men on Methadone Maintenance Treatment. International Journal of High Risk Behaviors and Addiction. 2022, 11 (2).

-S Moallemi, B Sahabakhsh, NM Bakhshani, Z Salaridargi. Comparison of Behavioral Cerebral Systems in Tattooed and Non-tattooed Substance-Dependent Individuals. Annals of Military and

Health Sciences Research.2021, 19 (3)

-S Rezaei, **NM Bakhshani**, H Fanaei, I Trofimova. Opium effect in pregnancy on the dynamics of maternal behavior: testing a neurochemical model . Neuropsychobiology.2021, 80 (2), 147-157

-M Khosravi, **NM Bakhshani**, N Kamangar. Dissociation as a causal pathway from sexual abuse to positive symptoms in the spectrum of psychotic disorders.BMC psychiatry.2021, 21 (1), 1-12.2021

-Z Keshavarz, **NM Bakhshani**, H Aghaee Khajelangi. Effectiveness of compassion focused therapy on negative affect and self-blame in female students who were suffering from emotional breakdown. Journal of Research in Behavioural Sciences.2021, 19 (2), 1000-1001.2021

-N Moradi, **NM Bakhshani**, J Sarani Yaztappeh. Comparing the Executive Functions of Mothers with and Without Autistic Children. Iranian Journal of Psychiatry and Behavioral Sciences.2021, 15 (1)

-Z Keshavarz Z, **NM Bakhshani** , H Aghaee Khajelangi . Effectiveness of Compassion Focused Therapy on Negative Affect and Self-Blame in Female Students with failing in love. Res Behav Sci 2021; 19(2): 293-303

-S Attar, **NM Bakhshani**, QM Aliabad. An investigation on the frequency of thoughts, readiness and suicide attempt in individuals with thalassemia. Pakistan Journal of Medical & Health Sciences.2021, 15 (6), 1847-1853.

-B Rigi Kooteh, B Dolatshahi, M Nosratabadi, **NM Bakhshani**. Combination Therapy and Opioids: Effectiveness of Transcranial Direct-Current Stimulation (tDCS) and Emotion Regulation Training in Reducing Current Drug Craving Maedica.2020 15 (1), 53.

-H Shahkaram, S Lotfinia, **NM Bakhshani**, Z Ghiasi The Severity of Obsessive-Compulsive Disorder in Different Episodes of Bipolar Disorder. Zahedan Journal of Research in Medical Sciences.2020, 22 (4)1

-A Alidadi, **NM Bakhshani**, B Sabayan, A Ansari-Moghaddam. Evaluation of attention and memory function in hemodialysis patients; a study based on hemodialysis duration. Journal of Nephropathology.2020, 9 (3)1.

-H Ghawami, SB Jazayeri, AS Nowsud, M Sharif-Alhoseini, A Shirvani,...,**NM Bakhshani**,. National guidelines for cognitive assessment and rehabilitation of Iranian traumatic brain injury patients. Archives of Iranian medicine.2020 23 (12), 813-820

-F Shahraki-Sanavi, A Ansari-Moghaddam, M Mohammadi, **NM Bakhshani**. Effectiveness of school-based mental health programs on mental health among adolescents. Journal of education and health promotion. 2020. 9.

-R Nooripour, **NM Bakhshani**. Effectiveness of Neurofeedback on Cognitive Empathy and Cognitive Emotion Regulation in Adolescents with Attention-Deficit/Hyperactivity Disorder (ADHD). *Journal of Exceptional Children*. 2020, 20 (2), 5-20

-M Shakiba, **NM Bakhshani**, Z Soorgi, S Lotfinia Sexual dysfunction among patients with end-stage renal disease undergoing hemodialysis: Prevalence and associated factors *Iranian Journal of Psychiatry and Behavioral Sciences*. 2020, 14 (2)

-H Ansari, SE Sharifi, **NM Bakhshani**. Evaluation of relationship between spiritual intelligence and job satisfaction among faculty professor of zahedan university of medical sciences *Horizons of Medical Education Development*. 2020, 10 (2), 1-8

-**NM Bakhshani**, S Lotfinia, A Payandeh, Z Soorgi. Suicide Ideation and Drug Craving in Patients Under Methadone Maintenance Treatment (MMT). *International Journal of High Risk Behaviors and Addiction*. 2019.

-B Rigi Kooteh, **NM Bakhshani**, M Nosratabadi, B Dolatshahi Effectiveness of Transcranial Direct-Current Stimulation (tDCS) and Emotion Regulation Training in Reducing Current Drug Craving and Drug-Use Thoughts and Fantasies in Opioid . *International Journal of High Risk Behaviors and Addiction*. 2019, 8 (2)

-HA Danesh, S Javanbakht, M Nourallahzadeh, **NM Bakhshani**, S Danesh. Epidemiology and mortality of burn injuries in Eastern Iran since 2009: an analysis of 2115 cases. *International Journal of High Risk Behaviors and Addiction* ,2019,8 (1), e66232

-B Sabayan, A Alidadi, S Ebrahimi, **NM Bakhshani**. Memory Types in Hemodialysis Patients: A Study Based on Hemodialysis Duration, Zahedan, South East of Iran. 2018, *International Journal of Psychological and Behavioral Sciences* 12 (5), 208-212

-I Zareban, **NM Bakhshani**, MH Bor, S Bakhshani. Emotion regulation difficulties in drug abusers. *Annals of Tropical Medicine and Public Health* . 2018, 4 (Specia), S129

-R Nooripour, S Hosseinian, GA Afrouz, **NM Bakhshani**. Effectiveness of neurofeedback on executive functions and tendency toward high-risk behaviors in adolescents with attention deficit hyperactivity disorder. *International Journal of High Risk Behaviors and Addiction*. 2018, 7 (4)

-H Gheysaranpour, H Hojjati, **NM Bakhshani**. Relationship between resilience and quality of life in parents with thalassemia major children in Zahedan city. *Iran J. Rehabil. Res. Nurs* . 2018, 5 (1), 37-43.

-R Hakimi, **NM Bakhshani**, F Azadeh, E Hakimi. Developing Treatment Pattern Based on -Rumi's Ideas in a Cognitive Therapy Approach. *Journal of Research in Medical and Dental Science* . 2017,5 (4), 15-23

-I Zareban, **NM Bakhshani**, M Bor, S Bakhshani. Emotion regulation difficulties in drug abusers. *Annals of Tropical Medicine and Public Health*.2017, 10 (6)

-Z Rashid-Tavalai, **NM Bakhshani**, H Amirifard, M Lashkaripour. Effectiveness of combined copying skills training and pharmacological therapy for patients with migraine *Global journal of health science*, 2016, 8 (6), 179

-M Didehvar, I Zareban, Z Jalili, **NM Bakhshani**, M Shahrakipoor. The effect of stress management training through PRECEDE-PROCEED model on occupational stress among nurses and midwives at Iran hospital, Iranshahr.*Journal of clinical and diagnostic research: JCDR*. 2016, 10 (10), LC01

-NA Shargh, **NM Bakhshani**, MD Mohebbi, K Mahmudian, M Ahovan. The effectiveness of mindfulness-based cognitive group therapy on marital satisfaction and general health in woman with infertility. *Global journal of health science*. 2016, 8 (3), 230

-A Ansari-Moghaddam, F Rakhshani, F Shahraki-Sanavi, M Mohammadi, **NM Bakhshani**. Prevalence and patterns of tobacco, alcohol, and drug use among Iranian adolescents: A meta-analysis of 58 studies. *Children and Youth Services Review*. 2016, 60, 68-79.

-**NM Bakhshani**, A Amirani, H Amirifard, M Shahrakipoor. The effectiveness of mindfulness-based stress reduction on perceived pain intensity and quality of life in patients with chronic headache. *Global journal of health science*.2016, 8 (4), 142.

-M Mahjoob, J Nejati, A Hosseini, **NM Bakhshani**. The effect of Holy Quran voice on mental health. *Journal of religion and health*. 2016, 55 (1), 38-42.

-S Homayouni-Meyamndi, **NM Bakhshani** .Comparing Cognitive Function in  $\beta$ -thalassemia major Children and Healthy Counterparts. *Jorjani Biomedicine Journal* . 2015, 3 (2), 26-35

-SHS Golkhatmi, S Homayoni, **NM Bakhshani**, SA Sadjadi, MS Asl .A comparative study of the ability of facial emotional expression recognition and its relationship with communication skills in iranian patients with mood disorders. *Galen Medical Journal*.2015, 4 (3), 90-99

-F Arbabi-Kalati, **NM Bakhshani**, B Tahmtan, F Movahedinejad. Association of impaired Sleep Quality in patients with Burning Mouth Syndrome: a case-control study. *Health Scope*.2015, 4 (2).

-M Didehvar, Z Jalili, I Zareban, M Shahrakipoor, **NM Bakhshani**. The Effect of Stress Management Education Based on PRECEDE Model on Occupational Stress of Nurses in Hospitals of Iranshahr Iran.*Strides in Development of Medical Education*. 2015, 12 (3), 472-484

-A Ansari-Moghaddam, **NM Bakhshani**, M Hoseinbore, FS Sanavi. High-risk behaviors related to intentional and unintentional harm in adolescents of Zahedan, Iran *International journal of*

high risk behaviors & addiction. 2015, 4 (1)

-A Raeisei, A Mojahed, **NM Bakhshani**. The relationship between personality styles of sociotropy and autonomy with suicidal tendency in medical students. Global journal of health science.2015, 7 (3), 345

-F Arbabi-Kalati, **NM Bakhshani**, M Rasti. Evaluation of the efficacy of low-level laser in improving the symptoms of burning mouth syndrome. Journal of clinical and experimental dentistry .2015, 7 (4), e524

-MS Homayuoni, ZH Refahi, Z Hasanzadeh, NM Bakhshani. The Effect of Emotional Intelligence on Marital Harmony and Marital Discard with Perception of Equity as Mediator. Sociology of Women ( Journal of Women and Society).2014, 5 (319), 19-33

-N Hosseinbor, **NM Bakhshani**. Djinnati syndrome in baluchestan: the role of traumatic and abuse experiences on individual vulnerability. International journal of high risk behaviors & addiction. 2014, 3 (4)

-K Lashkaripour, **NM Bakhshani**, MY Tabas. The comparative study of mind-reading and emotional recognition abilities of schizophrenic patients and their healthy siblings Indian J. Sci. Res. 2014, 8 (1), 054-060.

-MF Moghaddam, **NM Bakhshani**, AH Heidaripoor, M Assareh. The comparison of behavioral and emotional problems in children with a bipolar parent and children with healthy parents in Zahedan, Iran, 2011. Archives of Psychiatry and Psychotherapy. 2014, 16 (3), 37-42

-**NM Bakhshani**, S Babaei, M Raghibi. Frequency of Structural Brain Abnormalities among Adult Diagnosed with Attention-Deficit/Hyperactivity Disorder .Global journal of health science. 2014, 6 (1), 69

-M Raghibi, S Fouladi, **NM Bakhshani**. Parent training and behavior therapy on behaviors of children with attention deficit-hyperactivity disorder. HEALTH SCOPE. 2014, 3 (2), 0-0

-L Farhadmollashahi, K Lashkaripour, **NM Bakhshani**, M Faghihinia Dental health status in hospitalized psychiatric patients in Sistan and Baluchestan province, Iran . Health Scope. 2014, 3 (4)

-FB Poor, SM Tabatabaei, **NM Bakhshani**. Epidemiology of suicide and its associated socio-demographic factors in patients admitted to emergency department of Zahedan Khatam-Al-Anbia Hospital. International journal of high risk behaviors & addiction. 2014, 3 (4)

-**NM Bakhshani**, M Hosseinbor, Z Shahraki, N Sakhavar. Premenstrual syndrome symptomatology among married women of fertile age based on methods of contraception (hormonal versus non-hormonal methods of contraception). Global journal of health science. 2014, 6 (2), 105

-**NM Bakhshani**, M Dahmardei, SF SHAHRAKI, M Hosseinbor. Substance abuse among high school students in Zahedan. HEALTH SCOPE. 2014, 3 (1), 0-0

-**NM Bakhshani**. Impulsivity: a predisposition toward risky behaviors. International journal of high risk behaviors & addiction. 2014, 3 (2).

-**NM Bakhshani**, R Imankhah, A Mojahed, MM Heydari. Predictive power of emotional intelligence and components of emotional intelligence on marital satisfaction of young couples. Journal of Zabol University of Medical Sciences and health services. 2013

-S Kianmanesh, **NM Bakhshani**, SA Sadjadi. Prevalence of positive and negative symptoms in schizophrenia patients with different cultural backgrounds .2013. JNAS 3 (5), 593-6

- **NM Bakhshani**, Hosseinbor M .A comparative study of self-regulation in substance dependent and non-dependent individuals. Glob J Health Sci, 2013, 5(6).

-Dinpajouh F ,**Bakhshani N M**, Atef-Vahid MK, Bozorgi A, Izanloo M, Nik azin A. The assessment of quality of relationships ,sexual functioning ,negative emotions and social inhibition in patients with bypass surgery (CABG) in Tehran Heart Center. Jokul 2013, 63(9). 154-161.

-S Fakhraee, A Dehghan, **NM Bakhshani**. Causes of speech disorders in primary school students of Zahedan. ZJRMS (TABIB-E-SHARGH) . 2013 15 (2), 79-82.

-**NM Bakhshani**, N Hosseinbor, M Kianpoor. Djinnati syndrome: Symptoms and prevalence in rural population of Baluchistan (southeast of Iran). Asian journal of psychiatry 6 (6), 566-570.

-**NM Bakhshani**. Attention-deficit/hyperactivity disorder (ADHD) and high risk behaviors. International journal of high risk behaviors & addiction. 2013, 2 (1).

-MF Moghaddam, **NM Bakhshani**, SA Najafabadi, AHH Poor. The comparison of behavioral and emotional problems in bipolar parent's children and children with healthy parent in Zahedan, Iran, 2011. Neuropsychiatrie de l'enfance et de l'adolescence 2012, 5 (60), S188

-BK Tamini, M Raghbi, **NM Bakhshani**. A study of mental health and dyadic adjustment between smokers and nonsmokers. International journal of high risk behaviors & addiction. 2012 1 (2), 55



-M Shakiba, **NM Bakhshani**, MR Saravani. H Hoseinpoor. Comparative study of mental health of high school teachers and educational counselors ZJRMS.(TABIB-E-SHARGH) .2012,14 (1), 18-22.

-L Farhad Molashahi, **NM Bakhshani**, M Honarmand, F Shahri, S Teimuri. Correlation between burning mouth syndrome and psychological symptoms in patients attending to zahedan dental school. SSU\_Journals .2012,20 (2), 187-93.

-**NM Bakhshani**, S Babaei, M Raghbi .Self-reported ADHD symptoms prevalence in a university student population: Using adult self-report-V1. 1 screener. Modern Applied Science.2012, 6 (8), 63.

-A Oveisi, **NM Bakhshani**. Comparative study of early maladaptive schemas of opium dependence and non dependence men. Journal of Fundamentas of Mental Health. 2012, 14 (254), 164-171.

-A Sajadi, **NM Bakhshani**, K Lashkari Pour, M Baghan HAgghi, R Samadi, The prevalence of psychiatric disorders in patients with type 2 diabetes.Journal of research in medical sciences.2012, 14 (1), 82-5.

- Z Nikmanesh, M Adrom, **NM Bakhshani**. Minnesota multiphasic personality inventory score as a predictor of addiction potential in youth. INTERNATIONAL JOURNAL OF HIGH RISK BEHAVIORS AND ADDICTION.2012, 1 (1), 22-26.

- **NM Bakhshani**, Z Hasanzadeh. Relationship of Premenstrual Syndrome and Nutritional Style. medical journal of mashhad university of medical sciences. 2012, 55 (3).

-M Hosseinbor, **NM Bakhshani**, M Shakiba. Family functioning of addicted and non-addicted individuals: a comparative study. International journal of high risk behaviors & addiction. 2012, 1 (3), 109.

-L Kobra, **NM Bakhshani**, SS Alireza. Quality of life in patients on methadone maintenance treatment: a three-month assessment. Journal of the Pakistan Medical Association. 2012, 62 (10), 1003-1007.

-SA Sajjadi, NM Bakhshani, K Lashkaripour, HM Baghbani,Prevalence of psychiatric disorders in patients with diabetes type 2. (TABIB-E-SHARGH) .2012, 14 (1), 82-85.

-M Kianpoor, **NM Bakhshani**. Trauma, dissociation, and high-risk behaviors. IJHRBA.2012, 1 (1), 9-13.

-K Lashkaripour, **NM Bakhshani**, S Hokmabadi, SAR Sajjadi. Postpartum depression and related factors: A 4.5 months study. JOURNAL OF FUNDAMENTALS OF MENTAL HEALTH 13 2012,(452), 404-412.

-K Lashkaripour, **NM Bakhshani**, S Mafi. Sleep quality assessment of medicine students and physician (medical) assistants. *Interdisciplinary journal of contemporary research in business*. 2012, 4 (8), 443-450.

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- **NM Bakhshani**, Z Hasanzadeh, M Raghibi. Prevalence of premenstrual symptoms and premenstrual dysphoric disorder among adolescents students of Zahedan, *Zahedan J Res Med Sci*. 2012 ; 13(8):e93773.

**NM Bakhshani**, Z Hasanzadeh, Relationship of Premenstrual Syndrome and Nutritional Style. *Medical journal of Mashhad University of Medical Sciences* . 2012, 55 (3), p4-4. 1p.

- M Javadzadeh, **NM Bakhshani**, A Afghani. Comparative study of behavioural problems among epileptic children treated with phenobarbital with epileptic children treated with phenytoin, *Zahedan J Res Med Sci*. 2011 ; 12(5):e94105.

-**L Farhadmollashahi**, **NM Bakhshani**, M Honarmand, R Dehghannode. Correlation between anxiety, depression, and recurrent aphthous stomatitis. *Journal of Inflammatory Disease*. 2011, 15 (3), 48-53.

- **NM Bakhshani**, M Raghibi M, S babaei. Prevalence of adulthood attention deficit / hyperactivity symptoms in students of Sistan and Balouchestan University, *Zahedan J Res Med Sci*. 2011 ; 13(7):e93815.

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-S Moalemi, **NM Bakhshani**, M Raghibi. Investigate the relationship between mental health, spiritual intelligence and dysfunctional thoughts on students of University Sistan & Balochestan *Journal of Mental Health*. 2011, 12 (4), 702-9.

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-**NM Bakhshani**, B Somayeh, H Mohsen, L Kobra. Immediate and Six-Month Outcomes of a School-Based Substance Prevention Program (Project TND) for Iranian High School Students *Procedia-social and behavioral sciences*. 2010, 5, 1997-2001.

-M Raghibi, **NM Bakhshani**, S Moallemy. Investigation of simple and multiple between mental healths. Spiritual intelligence and dysfunctional attitudes. *The quarterly Journal of Fundamentals of Mental Health*. 2019, 12 (4), 702-709.

- A Mojahed, M Kalantari, H Molavi, HT Neshatdoost, **NM Bakhshani**, et al. Comparative Investigation of Mental Health Status of Spouses of War Handicaps in Accordance with Husband's Disability, Zahedan J Res Med Sci. 2010 ; 12(4):e94288.

-A Mojahed, M Kalantari, H Moulavi, NH Taher, **NM Bakhshani**. Comparision of Islamic oriented and classical cognitive behavioral therapy on mental health of martyrs and veterans wives.JOURNAL OF FUNDAMENTALS OF MENTAL HEALTH.2010, 11 (444), 282-291.

-**NM Bakhshani**, B Bahareh, S Bakhshani, K Lashkaripour.Suicidal attempts among individuals seeking treatment for substance dependency. Procedia-social and behavioral sciences.2010, 5, 1982-1985.

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- **NM Bakhshani** , Mousavi NM, Khodabandeh G.Prevalence and severity of premenstrual symptoms among Iranian female university students. JPMA. 59(4):205-8, 2009.

- **NM Bakhshani** , Lashkaripour K,Sadjadi SA (2008). A Randomized Effectiveness Trial of Methadone, TENS and Methadone plus TENS in Management of Opiate Withdrawal Symptoms. JPMA 58(12):667-71, 2008

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-M Kianpoor , **NM Bakhshani** , Daemi N (2006) Co- occurrence of panic disorder and being a wife in polygamous family. J Med Sci 2006 6(5),870-873.

- **NM Bakhshani**, B Birashk, J Bolhari, MKA VahidStudy of status and role of social support in depressed individuals with different personality styles (sociotropy/autonomy) European Psychiatry ,2004,19, 211S-211S

SA Bayanzadeh, J Boualhari, D Shahmohamadi, M Nasr Esphahani, MK Atef Vahid, M Dadfar, **NM Bakhshani**, E Karimi. Preliminary study on the prevalence of substance abuse in the rural areas of the west of Tehran ,Hakim Research Journal . 2004,7 (1), 9-17.

- **Books**

- Prevention and treatment of addiction: cognitive behavioral model ( in Farsi)
- Work book: towards healthy schools (in Farsi)
- Sexual counseling and saying no in sensitive times (in Farsi)
- Evaluation of treatments for substance use disorders: Guidebook for the application of evaluations 2 (Translated into Farsi)
- Introduction to psychoanalysis (Translated into Farsi)
- Health Need Assessment (Farsi)
- Motivational interviewing in the treatment of psychological problems (Translated into Farsi)
- Motivational Interviewing in Health Care: Helping Patients Change Behavior (Translated into Farsi)
- Mode Deactivation Therapy (Translated into Farsi)

- **papers in congresses**

- Presenting more than a hundred papers in national and international congresses

- **Thesis supervisor and advisor**

- Supervisor and consultant for more than 150 theses